

WELLBEING



Hafsah Begum



Hiya, I'm Hafsah Begum, running to be your Wellbeing Officer!

I'm a British-Bangladeshi second year Illustration student from Hertfordshire. I love working with 3D and scrapbooking.

As your (potential) Wellbeing Officer I will hold super frequent workshops and kickstart Welfare Wednesdays! I'm working to bridge the gap between you guys and the Student and Wellbeing service! I want to help your journey through the year be that mentally, academically, emotionally. Whatever you're going through, I can connect you to the right people. Or maybe even talk to me?! I am ALWAYS up for a convo.

We can talk about anything: your course? Projects? Issues you want to raise? Ideas for the Union? Culture shocks? Fav food? I take pride in my heritage and identity and want you to feel that you can confide in someone and that the wellbeing team is represented by the best person possible.

You can always find me dotted around the campus! I am a part of My/Your/Our Space, the weekly group for POC and marginalised ethnicity collaborations and hangouts. I am also always hanging about in the Union space participating in and holding workshops!

Speaking of workshops, I want to hold as many as possible and give you a space to relax. Currently, I am brainstorming for: scrapbooking, self reflection crafting, card making, colouring, painting and so much more. If you vote for me I will make sure this becomes a reality and you have the most enriching experience for the next academic year!

Cast your vote on eStudio from the 11th of March - 18th of March!